



TEAM ENTRY FORM

Team Name: _____

Team Captain Name: _____

Team Captain Phone: _____

Team Captain E-mail: _____

Total No. of Team Members _____ x \$24.75 = _____ (Total due)

Late Registration - No. Team Members _____ x \$31.50 = _____

Make checks payable to CARC

Please indicate the # of shirts and sizes needed on the line below:

Adult: _____ S _____ M _____ L _____ XL _____ XXL

Youth: _____ M _____ L

TEAM FORMS DUE August 26, 2016

to guarantee a t-shirt, headband and sunglasses

Mail, Email, Fax or drop off

CARC

4100 Sen J. Bennett Johnston Ave

Lake Charles, LA 70601

Phone 337-433-3620

Fax 337-439-1886

lleone@carc.us



TEAM CAPTAIN INSTRUCTIONS

1. Recruit co-workers to form a team. We encourage a team of ten but they can be any size. Let them know that they're joining a fun event that benefits a worthy cause. This is a 5K Run which will be timed and also a FUN Run/Walk all at the same time. So it's for all abilities.
2. Have each complete a Team Member Registration form
3. Complete the Team Entry form
4. Return Team Entry Form along with each membership registration form
5. Pick-up all member packets at:
The Running Store located at 3311 Ernest St on Sept 15th & 16th from 10AM to 4PM
or
Race Day Packet pick up on Sept 17th starting at 7AM at the Civic Center Amphitheatre



www.carc.us

September 17, 2016

Lake Charles Civic Center

7:00 AM - Packet Pick Up

8:00 AM - Race

TEAM MEMBERSHIP REGISTRATION FORM

Name: _____

Age on Race Day: _____

E-Mail address: _____

T-Shirt Size: _____

Waiver: In consideration of being permitted in the CARC Color Splash n Dash I hereby for myself, my heirs, and personal representatives assume any and all risks which might be associated with the event. I further waive, release, discharge, and covenant not to sue CARC or any participating organization, its officers, employees, organizers, volunteers or other representatives or their successors and assigns, for any and all injuries or damages of any kind whatsoever suffered as a result of taking part in this event and any related activities

Signature

Date

Return to Team Captain